

To: Multi Minister Delegation at AMO (January 2022)
From: Federation of Northern Ontario Municipalities (FONOM)
Date: January 24, 2022
Subject: Adding spaces at the Northern School of Medicine

FONOM and many of the municipalities in Northern Ontario supported the creation of the Northern School of Medicine to address the physician shortage

Many of the graduates of the Northern School of Medicine have been essential to the health of our communities.

According to a report by Canadian Mental Health Association, titled 'Rural and Northern Community Issues in Mental Health', residents in Northern Ontario are disadvantaged by "limited availability and access to primary health care, specialists, hospitals and community services and supports" (CMHA 2010, 3). In 2010, the publication date of this report, CMHA identified 34 northern communities considered by the Ministry of Health and Long-Term Care (MOHLTC) to be 'an area of high physician need'.

As of November 2021, this list has grown to 163 northern communities, encompassing the entirety of Northern Ontario (MOHLTC, 2021). The MOHLTC bases this list on a variety of compelling factors including "long-standing challenges in recruiting and retaining physicians, low health care provider-to-population ratios, travel time to reach service providers, and local demand for services" (CHMA 2010, 3). The scarcity of general physicians in the North acts as a major barrier to the establishment of necessary addiction and mental health services

The pandemic has meant that many are leaving the Greater Toronto-Hamilton Area to move to Northern Ontario for a healthier lifestyle. This influx will be placing a strain on our Health Care Community. We have to be proactive to address this pressure.

With the announcement of NOSM becoming a free-standing University, FONOM wishes to strongly request that the Provincial Government and the Ontario Medical Association immediately expand NOSM's capacity to meet the needs of Northern Ontario, with added MD positions, Residency positions (PGY 1, 3, and 4) and clinical teaching funding to the Northern Ontario Academic Medicine Association;



December 5, 2021

MEDIA RELEASE

FONOM is concerned with the Physician, Nurse and Health Care Professionals shortage in Northern Communities

The Federation of Northern Ontario Municipalities (FONOM) Board started its last meeting of 2021, pausing for a Moment of Silence in honour of the late Austin Hunt. Aussie, a long-time Board Member and Past President of FONOM passed away on November 10th at the age of 95.

During the meeting, the Board received presentations from Corina Moore and Al Spacek of Ontario Northland Transportation Commission, Mary Dawson-Cole and Al Spacek of the Municipal Property Assessment Corporation, and Dr. Robert Haché of Laurentian University. The Board appreciates receiving an update on the recent activities of these organizations. "We were happy to hear the account of ONTC's Test Train" and "MPAC's exciting venture in Northern Ireland," stated President Danny Whalen. He further commented, "it was welcome news to hear that the scholarships and bursaries for the University and the Northern Ontario School of Medicine are secure." Dr. Haché reassured the Board that the CCAA process is not impacting the student life of those enrolled in Laurentian's programs.

The shortage of Health Care Professionals was discussed at length by the Board. Many of the communities in the North either have a Doctor and Nurse shortage. Some communities have no physicians at all. "FONOM and many of its member municipalities had lobbied for the creation of the NOSM," commented Danny Whalen, "and now we will ask the Province to increase the enrollment to address the shortages in our communities." Also, the Board will discuss with the Ministry of Health the funding of small Hospitals receives to attract and retain nurses.

The communes being created in unorganized townships were also discussed, similar to the Boreal Forest Medieval Project. The creation of such projects will harm the environment! There are health and safety concerns, and the impact they will have on neighbouring Municipal and Emergency Services is a concern to FONOM.

FONOM is an association of some 110 districts/municipalities/cities/towns in Northeastern Ontario mandated to work for the betterment of municipal government in Northern Ontario and strive for improved legislation respecting local government in the North. It is a membership-based association that draws its members from northeastern Ontario and is governed by an 11-member board.

A handwritten signature in blue ink, appearing to read "Danny Whalen".

President Danny Whalen
705-622-2479

The Corporation of the City of Sault Ste. Marie

Regular Meeting of City Council Agenda

Monday, January 10, 2022

Federation of Northern Ontario Municipalities – Northern Ontario School of Medicine Support

Mover Councillor S. Hollingsworth

Seconder Councillor D. Hilsinger

Whereas the life expectancy of Northern residents is more than two years lower than the Ontario average, and one person in eight across the North does not have access to a family doctor, and this represents the failure of health care in Northern Ontario; and

Whereas these Northern Ontario communities advocate for equitable health care, especially for underserved rural, Indigenous, and Francophone communities in Northern Ontario; and

Whereas finding ways to encourage more physicians and health care professionals to stay and work in Northern communities is contributing to a crisis for citizens in the North; and

Whereas, although highly successful at providing doctors for Northern Ontario, the Northern Ontario School of Medicine (NOSM) has fewer health care professionals' spots than the rest of Ontario medical schools and it would take at minimum, five NOSM graduating classes at sixty-four physicians per year to address the current shortage,

Now Therefore Be It Resolved that, with the announcement of NOSM becoming a free-standing University, the City of Sault Ste. Marie wishes to strongly request that the Provincial Government and the Ontario Medical Association immediately expand NOSM's capacity to meet the needs of Northern Ontario, with added MD positions, residency positions (PGY 1, 3 and 4) and clinical teaching funding to the Northern Ontario Academic Medicine Association; and

Further that a copy of this motion be forwarded to Premier Doug Ford, Minister of Colleges and Universities Jill Dunlop, Minister of Health Christine Elliott, MPP Ross Romano, Association of Municipalities of Ontario, Ontario Medical Association, Northern Ontario School of Medicine, Federation of Northern Ontario Municipalities, Northern Ontario Academic Medicine Association and the leaders of the opposition parties of Ontario.

The Corporation of the City of Timmins

RESOLUTION

Moved by Councillor Marks

21-271

Seconded by Councillor Curley

WHEREAS the life expectancy of Northern residents is more than two years lower than the Ontario average, and one person in eight across the North do not have access to a family doctor, and this represents the failure of health care in Northern Ontario,

AND these Northern Ontario communities advocate for equitable health care, especially for underserved rural, Indigenous, and Francophone communities in Northern Ontario,

AND finding ways to encourage more physicians and health care professionals to stay and work in Northern communities is contributing to the crisis for citizens in the North,


AND although highly successful at providing doctors for northern Ontario the Northern School of Medicine (NOSM) has fewer health care professionals' spots than the rest of Ontario medical schools and it would take at minimum, five NOSM graduating classes at sixty-four physicians per year to address the current shortage,

THEREFORE, with the announcement of NOSM becoming a free-standing University, the City of Timmins wishes to strongly request that the Provincial Government and the Ontario Medical Association immediately expand NOSM's capacity to meet the needs of Northern Ontario, with added MD positions, Residency positions (PGY 1, 3 and 4) and clinical teaching funding to the Northern Ontario Academic Medicine Association;

AND FURTHER THAT, a copy of this motion be forwarded to Premier Doug Ford, Minister of Colleges and Universities Jill Dunlop, Minister of Health Christine Elliott, their Deputy Ministers, local MPP, AMO, OMA, NOSM, FONOM, NOAMA and the Leaders of the Opposition Parties

CARRIED

CERTIFIED TRUE COPY
OF RESOLUTION 21-271


Steph Palmateer, City Clerk

Date: December 14, 2021

REGULAR COUNCIL MEETING

HELD

January 11th, 2022

2022-15

Moved by Deputy Mayor Trahan

Seconded by Councillor Champagne

WHEREAS the life expectancy of Northern residents is more than two years lower than the Ontario average, and one person in eight across the North do not have access to a family doctor, and this represents the failure of health care in Northern Ontario;

AND these Northern Ontario communities advocate for equitable health care, especially for underserved rural, Indigenous, and Francophone communities in Northern Ontario;

AND finding ways to encourage more physicians and health care professionals to stay and work in Northern communities is contributing to the crisis for citizens in the North;

AND although highly successful at providing doctors for northern Ontario the Northern School of Medicine (NOSM) has fewer health care professionals' spots than the rest of Ontario medical schools and it would take at minimum, five NOSM graduating classes at sixty-four physicians per year to address the current shortage;

THEREFORE, with the announcement of NOSM becoming a free-standing University, the Municipality of East Ferris wishes to strongly request that the Provincial Government and the Ontario Medical Association immediately expand NOSM's capacity to meet the needs of Northern Ontario, with added MD positions, Residency positions (PGY 1, 3 and 4) and clinical teaching funding to the Northern Ontario Academic Medicine Association;

AND FURTHER THAT, a copy of this resolution be forwarded to Premier Doug Ford, Minister of Colleges and Universities Jill Dunlop, Minister of Health Christine Elliott, their Deputy Ministers, MPP Vic Fedeli, AMO, OMA, NOSM, FONOM, NOAMA and the Leaders of the Opposition Parties.

Carried Mayor Rochefort

CERTIFIED to be a true copy of
Resolution No. 2022-15 passed by the
Council of the Municipality of East Ferris
on the 11th day of January, 2022.

Monica L. Hawkins

Monica L. Hawkins, AMCT
Clerk



**The Corporation of the
City of North Bay**

200 McIntyre St. East
P.O. Box 360
North Bay, Ontario
Canada P1B 8H8
Tel: 705 474-0400

OFFICE OF THE CITY CLERK
Direct Line: (705) 474-0626, ext. 2510
Fax Line: (705) 495-4353
E-mail: karen.mcisaac@cityofnorthbay.ca

January 12, 2022

The Honourable Doug Ford
Premier of Ontario
Queen's Park
Legislative Building
Toronto, ON M7A 1A1

Dear Honourable Premier Doug Ford:

This is Resolution No. 2022-17 which was unanimously passed by Council at its Regular Meeting held Tuesday, January 11, 2022.

Resolution No. 2022-17:

"Whereas the life expectancy of Northern residents is more than two years lower than the Ontario average, and one person in eight across the North do not have access to a family doctor, and this represents the failure of health care in Northern Ontario;

And Whereas these Northern Ontario communities advocate for equitable health care, especially for underserved rural, Indigenous, and Francophone communities in Northern Ontario;

And Whereas finding ways to encourage more physicians and health care professionals to stay and work in Northern communities is contributing to the crisis for citizens in the North;

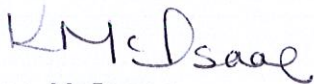
And Whereas although highly successful at providing doctors for Northern Ontario the Northern School of Medicine (NOSM) has fewer health care professionals' spots than the rest of Ontario medical schools and it would take at minimum, five NOSM graduating classes at sixty-four physicians per year to address the current shortage.

Now Therefore Be it Resolved, with the announcement of NOSM becoming a free-standing University, the City of North Bay wishes to strongly request that the Provincial Government and the Ontario Medical Association immediately expand NOSM's capacity to meet the needs of Northern

Ontario, with added MD positions, Residency positions (PGY 1, 3 and 4) and clinical teaching funding to the Northern Ontario Academic Medicine Association.

And Further that a copy of this Motion be forwarded to Premier Doug Ford, Minister of Colleges and Universities Jill Dunlop, Minister of Health Christine Elliott, their Deputy Ministers, MPP Victor Fedeli, the Leaders of the Opposition Parties, Ontario Medical Association, Northern School of Medicine, Northern Ontario Academic Medicine Association, Association of Municipalities of Ontario and the Federation of Northern Ontario Municipalities."

Yours truly,



Karen McIsaac
City Clerk

KM/ck

cc: Hon. Jill Dunlop, Minister of Colleges and Universities
Hon. Christine Elliott, Minister of Health
Hon. Shelley Tapp, Deputy Minister of Colleges and Universities
Hon. Dr. Catherine Zahn, Deputy Minister of Health
Hon. Victor Fedeli, Minister of Economic Development, Job Creation & Trade
Hon. Steven Del Duca, Leader of the Ontario Liberal Party
Hon. Andrea Horwath, Leader of the Ontario NDP Party
Ontario Medical Association
Northern School of Medicine
Northern Ontario Academic Medicine Association
Association of Municipalities of Ontario
Federation of Northern Ontario Municipalities

The Corporation of The Township of St Joseph



December 17, 2021

The Federation of Northern Ontario Municipalities
615 Hardy Street
North Bay, ON
P1B 8S2

Dear President Danny Whalen,

Re: FONOM is concerned with the Physician, Nurse and Health Care Professionals shortage in Northern Ontario Communities

The Township of St. Joseph, at its meeting of December 15, 2021, passed Resolution #2021-311 in support of the media release put forth on December 5, 2021, and concurs with the concern about the shortage of health care professionals in our small rural Northern Ontario communities.

We thank you for your attention to this important issue.

Respectfully,

A handwritten signature in black ink, appearing to read "Amanda Richardson", is written over a horizontal line.

Amanda Richardson
Clerk Administrator



P.O. Box 129, 110 Main Street, Sundridge, Ontario, P0A 1Z0

Telephone (705) 384-5316

Fax (705) 384-7874

Email: admin@sundridge.ca

Village of Sundridge Council Resolution

November 24, 2021

Item (9.3)

Resolution #2021-381

Moved By: Lyle Hall

Seconded By: Barbara Belrose

WHEREAS the life expectancy of Northern residents is more than two years lower than the Ontario average and one person in eight across the North do not have access to a family doctor, and this represents the failure of health care in Northern Ontario,

AND these Northern Ontario communities advocate for equitable health care, especially for underserved rural, Indigenous and Francophone communities in Northern Ontario,

AND finding ways to encourage more physicians and health care professionals to stay and work in Northern communities, is contributing to the crisis for citizens in the North,

AND the Northern School of Medicine graduates far fewer health care professionals than the need requires and it would take five existing graduating classes at sixty-four physicians per year from NOSM just to address the current shortage,

THEREFORE, The Village of Sundridge, wishes to strongly request that the Provincial Government and the Ontario Medical Association expand NOSM's capacity to meet the needs of Northern Ontario,

AND find ways to bring additional health care support from other areas of the Province,

AND FURTHER THAT, a copy of this motion be forwarded to Minister Mulroney, Premier Ford, the AMO, the NOSM and the FONOM membership.

Recorded Vote	For	Against
Belrose, Barbara	x	
Hicks, Steven	x	
Jackson, Shawn	x	
Williamson, Fraser	x	
Hall, Lyle	x	
Carried.		

To: Multi Minister Delegation at AMO (January 2022)
From: Federation of Northern Ontario Municipalities (FONOM)
Date: January 24, 2022
Subject: Negative Impacts of Boreal Forest Medieval Villages

For decades FONOM has lobbied the Province often, on the challenges the unorganized areas cause in Northern Ontario. These include the environmental concerns with handling household and household hazardous waste, the taxation rate, government grants that encourage industries to locate off of municipal serviced lands, and the impact on municipal infrastructure (arenas, libraries, and roads).

FONOM is also quite concerned about creating communes like the Medieval Villages. These developers have created new environmental problems, municipalities, and partially provincially-funded agencies.

The EMS departments were and may still not be aware that these communes have been created. When they respond to an emergency at a commune, they will find that the individual lots are not numbered. The Health Unit and Conservation Authorities were not made aware of these communes. Considering the numerous acts Municipalities have to abide too, we are frustrated that these communes seem to have no regulations or standards to meet. Also, be aware that one commune resident near New Liskeard has piled hay bales around her home for insulation. We hope you will agree that a fire hazard like this is a concern, considering we have no Mutual Aid Agreements in place between the Province and the Province.

The individual is responsible for caring for the greywater they produce, and we cannot say how strongly this is a worry for us. Also, considering our Municipally Elected Officials are financially responsible for the Safe Drinking Water distributed through the Municipal Service, leaving these individuals on their own is insulting!

We ask that the Province stop permitting projects like Medieval Villages in Ontario. The Province works with the Management of projects like Medieval Villages to address the environmental and safety concerns addressed and unaddressed.

Index of Boreal Forest Medieval Village Policy Document

Page 1	Policy Statement
Page 2	Index
Page 3	Map of Medieval Villages in Timiskaming District
Page 4	Location Description of the Current Villages in the Timiskaming District
Page 5	Development Map of Long Lake Village
Page 6-10	Boreal Forest Medieval Village MOU agreement
Page 11-16	Boreal Forest Medieval Village description on internet

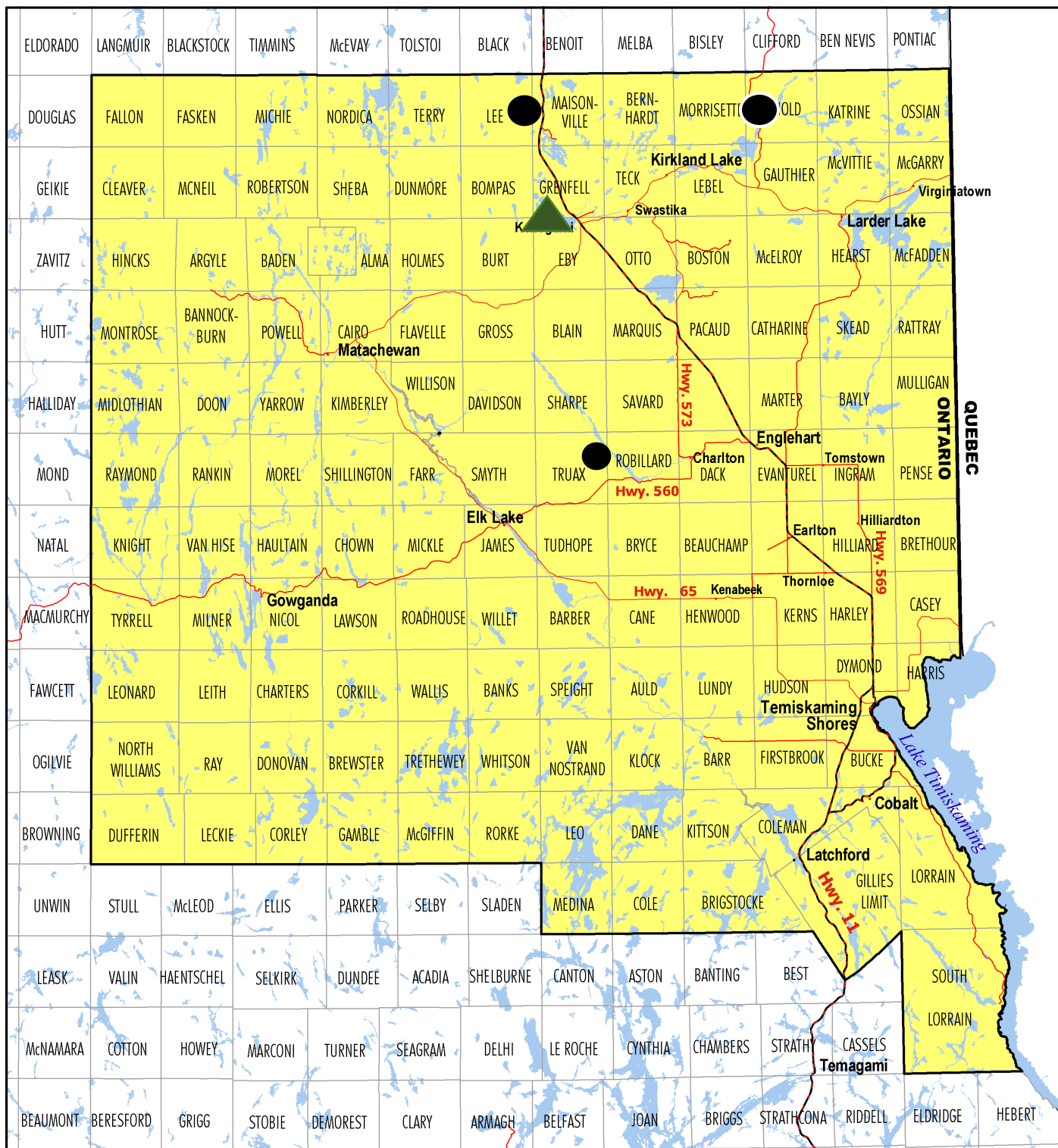


Figure 1

Black marks on the Map reference the exciting location of Medieval Villages in the Timiskaming District
Green mark on Map references the planned fourth location in the Timiskaming District

(append A)
2 pages

Temiskaming Municipal Association

What we know.

Project #1

Project one is on Keith Lake (north of Kirkland Lake in the District of Cochrane on the border of Temiskaming). Its name is Boreal Lodge Forest Lodge Association. This is a 196 acre property that straddles both sides of Keith Lake and borders a provincial park. 125 ½ acres have been sold and a road has been established.

Taxes are 18.00 per year per land owner.

People are living here year round (trailers present)

Project #2

Project 2 is in the unorganized township of Traux which is in the District of Temiskaming.

The name of this village is Boreal Forest Off Grid Association (Longview).

It is a 300 acre property of which 148 ½ acre lots have been surveyed and sold. The waterfront settlement is on Long Lake.

People are living here year round (trailers present)

Project #3

Project 3 is in the unorganized township of Lee on Swan Lake.

This is a 437 acre property of which 200 ½ acre lots have been sold. This property was purchased in Oct. 2020. According to their social media and web sites people are living at this village year round.

People are living here year round (trailers present).

(append. D)
Long Lake village



MEMORANDUM OF UNDERSTANDING

BETWEEN:

BOREAL FOREST MEDIEVAL VILLAGES INC.

(hereinafter referred to as "BFMV")

OF THE FIRST PART

and

(hereinafter referred to as "Investor")

OF THE SECOND PART

WHEREAS BFMV intends to raise funds to purchase a large acreage in an unorganized township of Northern Ontario for the purposes of creating an off-grid community with sustainable cabins;

AND WHEREAS BFMV will create an Association which will be a not-for-profit organization that will take over ownership and management of the project before Site Agreements are signed by members;

AND WHEREAS, with the help of BFMV, the Association shall create rules which shall govern the Association and its members. The member association will take over the management of services when BFMV has finished creating member sites and under-develop the said property in an unorganized township;

AND WHEREAS the Investor wishes to contribute to the acquisition of land with the mutual understanding of the terms herein set out; and

NOW THEREFORE this agreement (the "Agreement") witnesses that in consideration of the premises and the obligations herein expressed and for other good and valuable consideration (the receipt and sufficiency of which are hereby acknowledged) the Association and the Investor hereby agree as follows:

1. INVESTMENT FEE

The investor shall pay \$10,000.00, plus HST, totaling \$11,300.00 for their half acre site to BFMV.

2. SERVICE FEE

The investor shall pay \$500.00 plus HST, totalling \$565.00, non-refundable Service Fee (included in the \$10,000.00 mentioned in item 1.) The Service Fee does not include funds to build the community, municipal taxes, maintenance, corporate insurance or liability insurance.

When the acquisition of lands is complete, BFMV will begin development of the project. Site selection shall take place and the Investor shall enter into a Site Agreement with the Association, on terms determined at the sole and unfettered discretion of the Association for the use of more or less a half-acre of land, use of commonly shared lands, and membership in the Association. Sites shall be selected on a first to invest basis.

3. REFUND OF INVESTMENT FEE

Upon written request, the Investment (not including the service fee) shall be returned to the Investor at any time, except if BFMV has completed negotiation for the potential purchase of lands. BFMV shall provide the Investor with 24 hours written notice of its intent to purchase. Once the notice is served, the Investment Fee is locked in and non-refundable. If the transaction is cancelled, the Investment Fee shall be unlocked and is returnable, upon written request.

Once BFMV purchases the property, members will not be able to receive a refund, but may sell their investments. Members cannot sell their site until Site Agreements have been signed.

BFMV reserves the right to terminate this agreement and refund Investment Fee if an Investor undermines the leadership of BFMV or behaves in a manner that undermines the project.

4. TERMINATION AFTER ACQUISITION

Once lands are purchased by the Association, if the Investor fails to enter into a Site Agreement with the Association within thirty (30) days from the date the Investor receives the Site Agreement, the Association may consider its relationship with the Investor as at an end. The Investment Fee will not be returned to the Investor and the Investor shall be liable for any and all expenses incurred by the Association or those for whom in law the Association is responsible up until the date of termination.

5. ACKNOWLEDGEMENT OF MEDIA

The signing of this agreement gives BFMV authority to use any and all media (i.e. photos, related Social Media material, created maps, text ...) associated with the project, for marketing purposes.

6. MISCELLANEOUS

Any notice required to be given by either party to the other shall be sent by email. Notice shall be made to the parties at:

If to BFMV: bfmvillages@gmail.com

If to the Investor:

7. GENERAL INDEMNIFICATION

The Investor shall indemnify and save harmless BFMV and the Association against all actions, suits, claims, damages, costs and liabilities arising out of, or as a result of, this Agreement.

8. GENERAL PROVISIONS

8.1 Force Majeure

In the event that either party hereto shall be delayed or hindered in or prevented from the performance of any act required hereunder by reason of strikes, lock-outs, labour troubles, inability to procure materials, failure of power, restrictive governmental laws or regulations, riots, insurrection, war or other reason of alike nature not the fault of the party delayed in performing work or doing acts required under the terms of this Memorandum of Understanding, their performance of such act shall be excused for the period of the delay and the period for the performance of any such act shall be extended for a period equivalent to the period of such delay.

8.2 Entire Agreement

This Memorandum of Understanding and terms hereof shall constitute the entire understanding between the parties hereto with respect to all of the matters herein. The execution of this Memorandum of Understanding has not been induced by, nor do any of the parties hereto rely upon or regard as material, any representations or writing whatsoever not incorporated herein and made a part hereof. This memorandum of Understanding shall not be amended, altered or qualified except by a memorandum in writing signed by all of the parties hereto.

8.3 Severability

If any articles, sections or any portion of any article or section of this Memorandum of Understanding is determined to be unenforceable or invalid by all of the parties or by the decision of any Court of competent jurisdiction which is not appealed, for any reason whatsoever, that unenforceability or invalidity shall not affect the enforceability or validity of the remaining portions of this Memorandum of Understanding and such unenforceable or invalid article, section or portion thereof shall be severed from the remainder of this Memorandum of Understanding.

8.4 Governing Law

This Memorandum of Understanding shall be governed by and construed in accordance with the laws of the Province of Ontario.

8.5 Enurement

This Memorandum of Understanding shall enure to the benefit of and be binding upon the parties hereto and their respective successors and assigns.

9. ARBITRATION

9.1

Any dispute between the parties whether arising during the period of this Memorandum of Understanding or at any time thereafter which attaches upon the validity, construction, meaning, performance or effect of this Memorandum of Understanding or the rights and liabilities of the parties or any matter arising out of or connected with this Memorandum of Understanding shall be subject to arbitration and pursuant to the *Arbitrations Act* (Ontario) and the decision shall be final and binding upon the parties hereto and shall not be subject to appeal.

9.2

The arbitration shall be carried on by a single arbitrator if the parties can agree upon one, failing which, such arbitrator as shall be appointed by a judge of the Superior Court of Justice (Ontario) at St. Catharines, upon the application of any of the parties and the said Judge shall be entitled to act as such arbitrator if he or she shall so desire.

9.3

The arbitration shall take place in the City of Niagara Falls and the arbitrator shall fix the time and place in such Municipality for the purpose of hearing such evidence and representation as the parties or any of them may present.

9.4

The decision of the arbitrator both in procedure and the conduct of the parties during the proceedings and the final determination of the issue shall be binding upon the parties hereto and no appeal shall lie therefrom. The costs of the arbitration shall be borne by the parties hereto as may be specified in the decision of the arbitrator.

9.5

Submission to arbitration pursuant to the provisions of this Article shall be a condition precedent to bringing of an action with respect to this Agreement.

10. MISCELLANEOUS

10.1

This Agreement may be signed by any number of counterparts, each of which is an original and all of which taken together form one single document.

10.2

Where this Agreement is signed by more than one party, the singular means the plural.

IN WITNESS WHEREOF the parties hereto have executed this Memorandum of Understanding

the _____ day of _____, 20____.

SIGNED, SEALED and DELIVERED
in the presence of

BOREAL FOREST MEDIEVAL VILLAGES



Anthony Barrett

Ian Corris

And

INVESTOR(S)

Witness

Name

Witness

Name

HST# 76584 5474 RT0001

Document updated 2022.01.04

BOREAL FOREST MEDIEVAL VILLAGES



Our new project has over 4,000 feet of lakefront.

Affordable Kirkland Lake Region Waterfront Property: Boreal Forest Medieval Villages is excited to announce our opportunity for a campground development in unorganized Timiskaming District. BFMV is an investment and development group that is committed to making property ownership possible for generations to come. We currently have an opportunity to purchase about 125 acres of waterfront property 5.5 hours north of Toronto. This will be our new project. The first property was purchased October 2017. Our second was purchased July 2019 and third was purchased October 2020.

Our purchase formula is: waterfront; off grid; in unorganized township where no building permits are required; no zoning restrictions. The property will be purchased mortgage-free, using members' investments. BFMV will take the lead in development. Members also take on the responsibility of property development after BFMV's work is complete through its elected Board of Directors.

The use of "common land" will be determined by members. It is expected members will use it for activities such as camping, building a tiny home, cabin, etc. on their half-acre sites with swimming and boating available on the lake. The property will have direct access from Highway #11. All members will have access to the over 4,000 feet of lakefront where the community can install a dock. The property is on a very large, beautiful lake with access to many coves and bays. This location will provide excellent outdoor recreational activities such as boating and fishing.



New project shoreline.

Our Plan:

This land gives us opportunity to create something unique. We will power this community with off-grid technology to create a simple, yet powerful campground-style community.

We will use compost toilets and/or incinerator toilets only (no blackwater septic systems), and other sustainable practices. Members must also agree to sign a Member Site Agreement and follow community Bylaws.

Boreal Forest Medieval Villages Inc. is owned by Ian Corris and Anthony Barrett, and is administered by Anthony and Theresa Barrett. You are welcome to contact Anthony directly at anthonymurphybarrett@gmail.com.

As Project Management, our job is to: organize investors, raise funds, create a not-for-profit incorporated association of members, negotiate the sale of land, purchase the property, survey the land, create measured half acre sites, distribute these sites according to member choices, provide sample bylaws, and finalize members' legal ownership agreements. BFMV will also build roads, determine greywater management solutions with the local health department or Ontario government. The entire process could take a couple years to complete, so members have to be patient with the overall process.

The property has access from Highway #11 in the Kirkland Lake area, from a side road but also requires a private road to be built. A permit from Ministry of Natural Resources will be needed for a new 5 km road to be built to get to the property through Crown land. BFMV will also be responsible for road permits, and all road development including roads to be built on the property. Roads will be primitive through the property which will lead to members' sites. Currently, the property is water access only. The lakefront is over 4,000 feet of shoreline. There is a restaurant at the end of the lake for members' enjoyment of a "boat and dinner" experience.

The investment for one half-acre site is \$10,000 plus HST. To invest, e-transfer a \$500 plus HST non-refundable deposit to begin the process. A receipt will be provided. BFMV has started to negotiate the purchase, but the seller will not close until we have our funds together. This deposit will determine your investment order for site selection. The remaining funds will be due after we have enough investors to purchase.

Investor/members will have 15-days' notice for payment of the remaining funds. Members will have an opportunity to view the land before the remaining investment is required. Investors who do not meet this 15-day investment timeline will be removed from the project.



If we are unsuccessful in purchasing this property, BFMV will continue to seek out a property in this area. BFMV will be responsible for managing the property and project until all members choose their sites and sign their Member Site Agreements.

There will be common fees to cover taxes, property insurance and liability insurance. The management will be taken over by a member-elected Board of Directors (volunteers from the membership). Common annual fees will be about \$200 per year per Site Agreement. This fee will not be applied until members sign their Site Agreements.



The property is very densely wooded and currently only accessible by water.

The property will be issued to each member through the members' association. Sites are chosen on a first come, first choice basis but all will have access to the lakefront. There are no site agreement fees or renewal fees. The member holds the agreement until the member decides to sell it at open market prices. Members may not sell site(s) until they have signed a Site Agreement.

BFMV reserves the right to limit one dwelling per half acre and one site per member. Investors/members will not be permitted to purchase multiple sites. Members will not be allowed to visit the property by land until a road is built. There are many cottagers in the area and we do not wish to attract negative attention to this project by using their private roads and wandering around in the woods. We are introducing these measures for the betterment of the community and consideration for local residents.

Agreements can also be transferred to anyone or left in a will. The association title deed can only be sold if there is 100% membership agreement in the sale of the property.



The property



The sideroad off the highway, heading toward the property.

Boreal Forest Medieval Villages accepts e-Transfers and direct bank deposits.

To conduct an e-Transfer, enter your bank's online banking forum and select e-Transfer. The email associated with BFMV's account is bfmvillages@gmail.com .

Alternatively, payment may be made by Direct Bank Deposit.

The TD Bank account number for BFMV is available upon request.

This is a great opportunity! Don't wait and be disappointed. We are taking investors now.

For all the latest developments, please visit us here:

Our website at www.borealvillages.ca

On Facebook at

<https://www.facebook.com/groups/1017210215052653/>

Thank you for inquiring about this exciting venture and I hope you will be able to join us.

Sincerely,

Anthony Barrett
Project Manager, BFMV

HST# 76584 5474 RT0001



To: Multi Minister Delegation at AMO (January 2022)
From: Federation of Northern Ontario Municipalities (FONOM)
Date: January 24, 2022
Subject: Reimbursement for Mutual Aid Assistance

Municipal Fire Departments in Northern Ontario have become a de facto resource for the Ontario Provincial Police (OPP) and the Emergency Medical Service (EMS) (which are controlled by the District Social Services Boards).

Background information:

During a Multi Minister Delegation meeting in August of 2021, FONOM presented a concern about the lack of Mutual Aid Agreements between the Province and Municipalities being asked to provide Services outside of the Municipal Boundaries and off of Provincial Highways.

The report provided in August of 2021 is below. FONOM has not been asked to participate in discussions with the Ministries regarding this issue. Nor have we seen any public consultation on creating Mutual Aid Agreements.

Question:

We would ask that the Ministers update FONOM on their activities since bringing the issue to your attention in August 2021.



To: Multi Minister Delegation at AMO (August 2021)
From: Federation of Northern Ontario Municipalities (FONOM)
Date: July 31, 2021
Subject: Reimbursement for Mutual Aid Assistance

Northern Ontario makes up almost **90%** of Ontario's area but has only **8%** of its population. There are **154** Municipalities in the North, with **71** communities with a population under **1,000** people. As well there are many First Nation Communities throughout the North. There are also unorganized areas in Ontario, which are only found in Northern Ontario and have an extremely low population. Some of the unorganized regions are governed by a Local Services Board. Most do not provide any services, including fire protection.

Unlike the OPP, which is 100% provincially-funded, EMS, which is over 50% provincially-funded, and municipal/regional police, which receives provincial grants/subsidies, fire and emergency services are paid by the municipal taxpayer. Most fire services in Northern Ontario are staffed by part-time/volunteer personnel. Many unorganized territories do not have fire protection services.

Property taxes in the unorganized areas are calculated differently and are considerably lower than properties in the province's balance. FONOM would ask you to seek clarity with the Ministry of Finance on the taxation model. There are numerous examples where similarly assessed homes on the road will pay radically different amounts of property tax (80-90% less), depending on which side of the boundary line the property is. (Note the property owner from the unorganized area sometimes will drive down a municipal road they do not pay to maintain, to get to their property, *but we digress*)

Also, we must mention that the Local Fire Departments are often the only First Responder within 60 minutes of an event. The delay is due to the distances between communities and the patrols/deployment of the OPP and EMS.



Issue:

As shared in our letter to Minister Elliott on December 10, 2020, is one example of the Northern Fire Departments' issue.

The Township of James has twice taken the lead in the search and rescue and aided the Timiskaming Emergency Medical Service to retrieve a patient to the land ambulance. In both these instances, a costing was done and submitted to the Timiskaming District Social Services Administration Board. In both cases, the DSSAB has declined the costs as crown lands and unincorporated falls to the province's management.

Further, the City of North Bay has responded to several emergencies at the OPP or EMS request into provincially managed areas and has been refused payment by the province. This has resulted in North Bay Fire and Emergency Services no longer providing this valuable assistance.

Governments in Ontario will often sign Mutual Aid agreements with other Governments, including Municipalities, Agencies, Boards, Commissions, Departments, and Private Institutions.

These agreements are signed for various reasons, with each party receiving an actual or perceived benefit. For example, Municipal Fire departments have a rich history of service agreements with the Province, other Departments, and even some private institutions.

Municipal Fire Departments in the Province have agreements with the Ministry of Transportation to provide aid along the Ontario highway system, within the municipal boundary. In addition, many departments are municipally funded for training and equipment to provide this service to the traveling public.

Municipal Fire Departments are often called to aid the OPP and or the EMS, not to provide Fire Protection but to rescue lost or injured individuals, on either Crown Land or in an unorganized area. Municipalities in the North have no Mutual Aid agreements with the Citizens or Local Service Boards in the unorganized areas. Based on the services and equipment available to an unorganized territory, they may not be eligible to participate in the provincial mutual aid plan. These residents use but do not pay for Municipalities Arenas, Library, Municipal owned facilities to receive Medical Treatment, *but we digress again*. Municipal Fire Departments do not provide fire services to an unorganized area. There are many reasons for this practice; they include the cost to the Fire Department for providing the fire service, the host community is less protected while providing a service outside the Municipality. Most municipal Fire Department Establishing by-laws prohibit their fire service from responding outside its borders unless there is an agreement to provide services stipulated in the Fire Prevention and Protection Act (FPPA). Now there is added pressure from the Insurance Companies, suggesting the volunteers and the department may/will not be covered for a service provided outside their Municipality. Also, WSIB may not provide coverage for injured Fire Fighters providing services outside the host municipality.

Commented [JW1]: The province has a mutual aid program where fire services will provide assistance to a neighbouring department when all local resources are exhausted. To participate the departments must be able to reciprocate like services. For example, Calander does not have an aerial device, therefore the use of North Bays aerial device does not form part of the mutual aid program. I think it is better to use service agreement, the FPPA allows a municipality to enter into agreements to provide services at a cost.



Question:

The Solicitor General's Office, the Ministry of Municipal Affairs and Housing, and the Ministry of Health create a **Mutual aid temple**. To permit small northern and rural Fire Departments to recoup their costs when they are called upon to provide aid.

Commented [JW2]: I would suggest: provide a service agreement similar to the one provided by the MTO for Municipalities to recoup costs to assist with fire protection and emergency services on properties/lands outside of the municipal boundaries when requested by the OPP or EMS.

To: Multi Minister Delegation at AMO (January 2022)
From: Federation of Northern Ontario Municipalities (FONOM)
Date: January 24, 2022
Subject: Helping keep Seniors in their Community

FONOM has long believed that today's seniors were the Pioneers that built our communities. Longtime residents in a society were church members, often coaches and volunteers, and even politicians. We must do everything possible to keep those that want to stay in their homes. There are many excellent services available that the province supports to achieve that goal. We would strongly encourage these programs to be supported to a greater extent in Northern Ontario.

Access to Health Care in Northern Ontario is a daily challenge, but more so for seniors. *According to a report by Canadian Mental Health Association, titled 'Rural and Northern Community Issues in Mental Health', residents in Northern Ontario are disadvantaged by "limited availability and access to primary health care, specialists, hospitals and community services and supports" (CMHA 2010, 3). In 2010, the publication date of this report, CMHA identified 34 northern communities considered by the Ministry of Health and Long-Term Care (MOHLTC) to be 'an area of high physician need'. As of November 2021, this list has grown to 163 northern communities, encompassing the entirety of Northern Ontario (MOHLTC, 2021). The MOHLTC bases this list on a variety of compelling factors, including "long-standing challenges in recruiting and retaining physicians, low health care provider-to-population ratios, travel time to reach service providers, and local demand for services" (CHMA 2010, 3). The scarcity of general physicians in the North acts as a major barrier to the establishment of necessary addiction and mental health services*

If the difficult decision to move the senior from their home in Northern Ontario often means they leave their community. Meaning they leave convenient access to their family and support network. Also, the pioneer is sometimes moved to a Nursing Home that may not provide service in their official language.

FONOM asks the province to expand programs and grants for initiatives like Meals on Wheels, seniors' day programs as it aids in food security, and Exercise and fall prevention classes in Northern Ontario to reduce health care costs.

FONOM also asks that the province expand the number of student spots at the Northern School of Medicine, referenced in the attached resolution.

These services serve all or part of North East

[Adult Enrichment Centre - Day Program - Val Caron](#)

2924 Hwy 69 N, unit 7, Val Caron, ON P3N 1E3

[Adult Enrichment Centre - Sault Ste Marie](#)

244 Second Line W, Sault Ste Marie, ON P6C 2J3

[Adult Health and Wellness Centre - Focus on Abilities Day Program - Sudbury](#)

40 Clemow Ave, Sudbury, ON P3C 3H3

[Alzheimer Society - Sault Ste Marie and Algoma District - Adult Day Program](#)

61 Great Northern Rd, Sault Ste Marie, ON P6B 4Y8

[Atikameksheng Anishnawbek - First Nation - Naughton - Shawenekezhik Health Centre - Home and Community Care - Adult Day Program \(ADP\)](#)

25 Reserve Rd, Naughton, ON P0M 2M0

[Canadian Red Cross - Hearst - Community Health and Wellness - Adult Day Program - Hearst](#)

54 13th St, Hearst, ON P0L 1N0

[Canadian Red Cross - Kapuskasing - Community Health and Wellness - Adult Day Program - Kapuskasing](#)

10 Drury St, Suite 312, Kapuskasing, ON P5N 1K9

[Canadian Red Cross - Timmins - Community Health and Wellness - Adult Day Program - Iroquois Falls](#)

105 Cambridge Ave, Iroquois Falls, ON P0K 1G0

[Canadian Red Cross - Timmins - Community Health and Wellness - Adult Day Program - Matheson](#)

414 6th Ave, Matheson, ON P0K 1N0

[Canadian Red Cross - Timmins - Community Health and Wellness - Adult Day Program - Smooth Rock Falls](#)

Villa Rocher, 92 Ross St, Smooth Rock Falls, ON P0L 2B0

[Cassellholme, East Nipissing District Home for the Aged \(The\) - North Bay - Community Support Services - 400 Club](#)

400 Olive St W, North Bay, ON P1B 6J4

[Chapleau Association For Community Living - Adult Day Program](#)

92 Lorne St, Chapleau, ON P0M 1K0

[Christian Horizons - North District Office - Christian Horizons - Blind River](#)

75 Huron Ave, Blind River, ON P0R 1B0

[Christian Horizons - North District Office - Sudbury Westmount Day Program](#)

430 Westmount Ave, Unit I and J, Sudbury, ON P3A 5Z8

[Cochrane Temiskaming Resource Centre - Timmins](#)

600 Toke St, Timmins, ON P4N 6W1

[Cochrane Temiskaming Resource Centre - Timmins - Cochrane Office](#)

18 Aurora Ave, Cochrane, ON P4N 6W1

[Cochrane Temiskaming Resource Centre - Timmins - Kapuskasing Office](#)

7 Aurora Ave, Kapuskasing, ON P4N 6W1

Cochrane Temiskaming Resource Centre - Timmins - Kirkland Lake Office

6 Tweedsmuir Rd, Kirkland Lake, ON P4N 6W1

Cochrane Temiskaming Resource Centre - Timmins - Temiskaming Shores Office

60 Scott St, Unit 2, New Liskeard, ON P4N 6W1

Community Living - Kirkland Lake - Day Program - Tweedsmuir Rd

51 Government Rd W, Kirkland Lake, ON P2N 3H7

Community Living - Timmins - Vic Mahoney Centre

166 Brousseau Ave, Timmins, ON P4N 5Y4

Community Living Espanola

345 Centre St, Espanola, ON P5E 1E4

Community Living Greater Sudbury - Drop-in / Adult Day Program (ADP) - Our Friendship Centre - Lively

Kinsmen Hall, 1 Kin Dr, Lively, ON P3Y 1M9

Community Living Greater Sudbury - Our Place - Adult Day Program (ADP) - Blezard Valley

Senator Rheal Belisle Cultural Centre, 2777 Main St, Blezard Valley, ON P0M 1E0

Community Living Iroquois Falls - Community Connections

9 Veterans Dr, Iroquois Falls, ON P0K 1E0

Community Living Manitoulin

6266B Hwy 542, Mindemoya, ON P0P 1S0

Community Living Mattawa - Community Participation Supports Program

250 Tenth St, Mattawa, ON P0H 1V0

Dokis First Nation - Health Centre - Adult Day Program (ADP)

940B Main St, Dokis, ON P0M 2N1

Dr H S Trefry Memorial Centre (The) - Richards Landing - Adult Day Program

1601 C Line Rd, Richards Landing, ON P0R 1J0

Friends (The) - Adult Day Program - Burk's Falls

Almaguin Highlands Health Centre, 150 Huston St, Burk's Falls, ON P2A 2R2

Friends (The) - Adult Day Program - Parry Sound

27 Forest St, Parry Sound, ON P2A 2R2

Golden Manor Home for the Aged - Timmins - Community Home Support Services - Adult Day Program

481 Melrose Blvd, Timmins, ON P4N 5H3

Huron Lodge - Elliot Lake - Community Support Services - Adult Day Program

100 Manitoba Rd, Elliot Lake, ON P5A 3T1

ICAN - Independence Centre and Network - Sudbury - Independence Training Centre - Adults with Physical Disabilities

765 Brennan Rd, Sudbury, ON P3C 1C4

James Bay Association for Community Living - Moosonee

18 Fourth St, Moosonee, ON P0L 1Y0

James Bay Association for Community Living - Moosonee - Community Participation Supports Program

18 Fourth St, Moosonee, ON P0L 1Y0

[March of Dimes Canada - North East District - Wawa - Adult Day Program](#)

31 Broadway Ave, Wawa, ON P0S 1K0

[Mnaamodzawin Health Services - Little Current - Community Health Programs - Adult Day Program](#)

48A Hillside Rd, Little Current, ON P0P 1K0

[My Center - Sudbury](#)

52 Gill St, Sudbury, ON P3E 1W5

[Seizure and Brain Injury Centre - Timmins](#)

101 Business Complex, 38 Pine St N, Unit 107A, Timmins, ON P4N 6K6

[Serpent River First Nation - Cutler - Geka Wigwam Seniors Lodge - Home and Community Care Program - Adult Day Program \(ADP\)](#)

32 Ballpark Rd, Cutler, ON P0P 1B0

[Société Alzheimer Society - Sudbury-Manitoulin North Bay and Districts - Sudbury - Adult Day Program](#)

960 Notre Dame Ave, Unit B, Sudbury, ON P3A 2T4

[Société Alzheimer Society - Sudbury-Manitoulin North Bay and Districts - Sudbury - Adult Day Program - Noelville](#)

St David Church - Basement, 8 Notre Dame St, Noelville, ON P3A 2T4

[Sudbury Senior Day Care](#)

125 Roger St, Sudbury, ON P3B 3R5

[Timiskaming Home Support - Haileybury - Adult Day Program](#)

367 Sutherland Way, Haileybury, ON P0J 1K0

[Timiskaming Home Support - North Region - Adult Day Program \(ADP\)](#)

30 Second St E, Unit 101, Kirkland Lake, ON P2N 1R1

[Timiskaming Home Support - North Region - Adult Day Program \(ADP\) - Englehart](#)

69 6th Ave, Englehart, ON P2N 1R1

[VON Victorian Order of Nurses - North East District - Algoma - Adult Day Program](#)

7B Oxford St, Sault Ste Marie, ON P6B 1R7

[VON Victorian Order of Nurses - North East District - Espanola - Adult Day Program](#)

439 2nd Ave, Suite A, Espanola, ON P5E 1L2

[VON Victorian Order of Nurses - North East District - Greater Sudbury - Adult Day Program](#)

2140 Regent St S, Unit 13, Sudbury, ON P3E 5S8

[VON Victorian Order of Nurses - North East District - Mindemoya - Adult Day Program - Mindemoya](#)

5 Duke St, Mindemoya, ON P0P 1S0

[VON Victorian Order of Nurses - North East District - Mindemoya - Adult Day Program - Wikwemikong](#)

5 Duke St, Mindemoya, ON P0P 1S0

[Whitefish River First Nation - Birch Island - Health Centre - Seven Fires Youth and Elders' Centre - Adult Day Program \(ADP\)](#)

27 Bay of Island Rd, Birch Island, ON P0P 1A0

[Wikwemikong Unceded Indian Reserve - Wikwemikong Health Centre - Long Term Care / Home and Community Care - Adult Day Program \(ADP\)](#)

11 Amikook St, Amikook Seniors' Centre, Wikwemikong, ON P0P 2J0

Meals – These services serve all or in part of the Northeast

These services serve all or part of North East - Meals

[Au Château - Home for the Aged - Sturgeon Falls - Community Support Services - Meals on Wheels](#)

100 Michaud St, Sturgeon Falls, ON P2B 2Z4

[Au Château - Temagami Senior Home Support - Meals on Wheels](#)

5 Bayview Lane, Temagami, ON P0H 2H0

[Brunswick House First Nation - Chapleau - Health Centre - Meals on Wheels](#)

1 Kanata St, Chapleau, ON P0M 1K0

[Canadian Red Cross - Cochrane - Community Health and Wellness - Meals on Wheels](#)

187 2nd Ave, Cochrane, ON P0L 1C0

[Canadian Red Cross - Hearst - Community Health and Wellness - Meals on Wheels](#)

54 13th St, Hearst, ON P0L 1N0

[Canadian Red Cross - Kapuskasing - Community Health and Wellness - Meals on Wheels](#)

10 Drury St, Suite 312, Kapuskasing, ON P5N 1K9

[Canadian Red Cross - Timmins - Community Health and Wellness - Meals on Wheels](#)

60 Wilson Ave, unit 201, Timmins, ON P4N 2S7

[Canadian Red Cross - Wawa - Community Health and Wellness - Meals on Wheels](#)

63 Broadway Ave, Wawa, ON P0S 1K0

[Chapleau Cree First Nation - Health Centre - Home and Community Care - Meals on Moccasins](#)

801 Fox Lake Rd, Chapleau, ON P0M 1K0

[Chapleau Ojibwe First Nation - Health Office - Meals on Wheels](#)

522 Hwy 129, Chapleau, ON P0M 1K0

[Dinner Bell Restaurant - Bonfield](#)

4 Hwy 531, Bonfield, ON P0H 1E0

[Dr H S Trefry Memorial Centre \(The\) - Richards Landing - Meals on Wheels](#)

1601 C Line Rd, Richards Landing, ON P0R 1J0

[Eastholme Home for the Aged - Powassan - East Parry Sound Community Support Services - Hot and Frozen Meal \(Meals-on-Wheels\)](#)

8 King St, Powassan, ON P0H 1Z0

[F J Davey Home - Sault Ste Marie - Community Support Services - Meals On Wheels](#)

Rear entrance, 733 Third Line E, Sault Ste Marie, ON P6A 7C1

[Fort Albany First Nation - Peetabeck Health Services - Home and Community Care - Meals on Wheels](#)

7 School Rd, Fort Albany, ON P0L 1H0

[Guylaine's Catering - North Bay](#)

North Bay, ON P1B 7K8

[Henvey Inlet First Nation - Health Centre - Meals on Wheels](#)

354A Pickerel River Rd, Pickerel, ON P0G 1J0

[Hornepayne Community Hospital - Dietary Services - Meals on Wheels](#)

278 Front St, Hornepayne, ON P0M 1Z0

Meals – These services serve all or in part of the Northeast

[Huron Lodge - Elliot Lake - Community Support Services - Meals on Wheels](#)

100 Manitoba Rd, Elliot Lake, ON P5A 3T1

[M'Chigeeng First Nation - Health Services - Wellness Centre - Meals on Wheels](#)

61 Lakeview Dr, M'Chigeeng, ON P0P 1G0

[Matachewan First Nation - Health Services - Home and Community Care - Meals on Wheels](#)

44 Matachewan First Nation, Matachewan, ON P0K 1M0

[Mattagami First Nation - Health Services - Home and Community Care - Meals on Wheels](#)

75 Helen St, Gogama, ON P0M 1W0

[Mattawa Hospital - Meals on Wheels](#)

217 Turcotte Park Rd, Mattawa, ON P0H 1V0

[Meals on Wheels - Sudbury](#)

1127 Bancroft Dr, Sudbury, ON P3B 1R6

[Mississauga First Nation - Blind River - Red Pine Lodge - Home and Community Care - Meals on Wheels](#)

28 Elders Rd, Blind River, ON P0R 1B0

[Nora's Tasty Treats - Sault Ste Marie](#)

79 Hare Ave, Sault Ste Marie, ON P6C 6H5

[North Shore Health Network - Blind River - Community Support Services - Meals on Wheels](#)

525 Causley St, Blind River, ON P0R 1B0

[Orchards Fresh Food Market - North Bay](#)

2621 Trout Lake Rd, North Bay, ON P1B 7S8

[Paesano's Market - Sault Ste Marie](#)

305 Wellington St W, Sault Ste Marie, ON P6A 1H8

[Physically Handicapped Adults' Rehabilitation Association \(PHARA\) - Thessalon - Meals on Wheels](#)

135 Dawson St, Unit 209, Thessalon, ON P0R 1L0

[RJ's Market - Sault Ste Marie](#)

238 Wellington St W, Sault Ste Marie, ON P6A 1H7

[Sagamok Anishnawbek First Nation - Massey - Elders Eagle Lodge - Home and Community Care - Meals on Wheels](#)

821 Wascom Dr, Sagamok, ON P0P 1P0

[Serpent River First Nation - Cutler - Geka Wigwam Seniors Lodge - Home and Community Care Program - Meals on Wheels](#)

32 Ballpark Rd, Cutler, ON P0P 1B0

[Services de santé de Chapleau Health Services - Turning Point Décisif - Assisted Living Program - Aging at Home Initiative](#)

6 Broomhead Rd, Chapleau, ON P0M 1K0

[Services de santé de Chapleau Health Services - Turning Point Décisif - Community Support Services - Meals on Wheels](#)

6 Broomhead Rd, Chapleau, ON P0M 1K0

Meals – These services serve all or in part of the Northeast

[Shawanaga First Nation - Nobel - Healing Centre - Home and Community Care - Meals on Wheels](#)

19 Shebeshekong Rd N, Nobel, ON P0G 1G0

[Sudbury-East Seniors Support - Noelville - Meals on Wheels](#)

44 St Christophe St, Unit 2, Noelville, ON P0M 2N0

[Timiskaming Home Support - Haileybury - Meals on Wheels](#)

367 Sutherland Way, Haileybury, ON P0J 1K0

[Timiskaming Home Support - North Region - Meals on Wheels](#)

30 Second St E, Unit 101, Kirkland Lake, ON P2N 1R1

[VON Victorian Order of Nurses - North East District - Espanola - Meals on Wheels](#)

439 2nd Ave, Suite A, Espanola, ON P5E 1L2

[VON Victorian Order of Nurses - North East District - Mindemoya - Meals on Wheels](#)

5 Duke St, Mindemoya, ON P0P 1S0

[VON Victorian Order of Nurses - North East District - North Bay - Meals on Wheels](#)

150 First Ave W, North Bay, ON P1B 3B9

[Wabun Tribal Council - Timmins - Health Services - Long-Term Care Program - Meals on Wheels](#)

Gogama, ON P4N 2P4

[Wahgoshig First Nation - Matheson - Health Clinic - Home and Community Care - Congregate Dining and Meals on Wheels Program](#)

310 Penatuche Rd, Matheson, ON P0K 1N0

[Wahnapitae First Nation - Norman Recollet Health Centre - Community Support Services - Meals on Wheels](#)

259 Taighwenini Trail Rd, Capreol, ON P0M 1H0

[Wasauksing First Nation - Parry Sound - Social Services - Life Long Care Program - Meals on Wheels](#)

1508 Geewadin Rd, Lane G, Parry Sound, ON P2A 2X4

[West Parry Sound Community Support Services - Senior Safekeeping - Meals on Wheels](#)

Belevedere Heights - Basement, 21 Belvedere Ave, Parry Sound, ON P2A 2A2

[Wikwemikong Unceded Indian Reserve - Wikwemikong Health Centre - Long Term Care / Home and Community Care - Meals on Wheels](#)

16A Complex Dr, Wikwemikong, ON P0P 2J0

[Zhiibaahaasing First Nation - Health Centre - Home and Community Care - Meals on Wheels](#)

36 Sagon Rd, Zhiibaahaasing, ON P0P 1X0



Maintaining Seniors' Independence Through Home Adaptations

A SELF-ASSESSMENT GUIDE

CMHC helps Canadians meet their housing needs.

Canada Mortgage and Housing Corporation (CMHC) has been helping Canadians meet their housing needs for more than 70 years. As Canada's authority on housing, we contribute to the stability of the housing market and financial system, provide support for Canadians in housing need, and offer unbiased housing research and advice to Canadian governments, consumers and the housing industry. Prudent risk management, strong corporate governance and transparency are cornerstones of our operations.

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Maintaining Seniors' Independence Through Home Adaptations

A SELF-ASSESSMENT GUIDE

CMHC would like to thank March of Dimes
for their contribution on this publication

Cette publication est aussi disponible en français sous le titre :
*Maintenir l'autonomie des aînés par l'adaptation des logements :
guide d'évaluation pour les aînés (61276)*

Although this information product reflects housing experts' current knowledge, it is provided for general information purposes only. Any reliance or action taken based on the information, materials and techniques described is the responsibility of the user. Readers are advised to consult appropriate professional resources to determine what is safe and suitable in their particular case. Canada Mortgage and Housing Corporation assumes no responsibility for any consequence arising from use of the information, materials and techniques described.

Table of Contents

Introduction	ii
Using the Guide	ii
Getting the work done.	ii
SECTION 1:	
Getting in and out of the home	1
SECTION 2:	
Using the stairs	4
SECTION 3:	
Moving around your home	5
SECTION 4:	
Using the kitchen	7
SECTION 5:	
Using the bathroom	11
SECTION 6:	
Getting out of a bed or chair.	17
SECTION 7:	
Using closets and storage areas.	18
SECTION 8	
Doing laundry	19
SECTION 9:	
Using the telephone and answering the door	20
SECTION 10:	
Controlling light and ventilation.	23

Introduction

The overwhelming majority of seniors wish to continue to live in their own homes for as long as possible. However, many homes are not well designed to meet our changing needs as we age.

This Guide identifies the types of difficulties that seniors can experience and describes types of adaptations that can help overcome these difficulties.

Using the Guide

Each of the sections of this Guide deals with an activity in the home. In using each section of the Guide, first decide whether you are having difficulty with the described activity. If you are, examine the types of adaptations described in the section and decide whether any could help you. If you can think of a useful adaptation that is not described in the Guide, you can write a brief description in the appropriate section, so that you have a complete record of the adaptations you are considering.

Although this Guide is designed to assist you in assessing your own needs, you may wish to ask a family member or friend to help you answer the questions. Sometimes, a second pair of eyes will spot something you have overlooked.

Getting the work done

You, a family member or a friend may possess the knowledge and special skills required to successfully carry out some of the adaptations you have identified.

However, if you are going to get a contractor to carry out the work, it is advisable to obtain more than one estimate. This Guide, complete with your notes and descriptions, can be used as the basis for obtaining tenders and negotiating with the contractors. See CMHC's **Hiring a Contractor** at www.cmhc.ca.

You may have to be selective in choosing adaptations in order to stay within your budget, so be sure to concentrate on the adaptations that will be of most benefit to you. Every house and every person's requirements are different, so be sure you agree only to adaptations that you need and want.

You may wish to visit the Canada Mortgage and Housing Corporation (CMHC) website, at www.cmhc.ca, to find additional information.

If your home is rented, you should check with your landlord and obtain written confirmation verifying that the proposed adaptations may be made.

SECTION 1: Getting in and out of the home

1.1 Do you have any difficulty walking from the garage, the backyard or the street to your door?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.



Repair holes or uneven joints in walking surfaces that could cause tripping.

Widen the walkway.

Add steps to remove a steep slope.

Add a ramp or sloped walkway to bypass existing steps. See CMHC's Accessible Housing by Design – Ramps at www.cmhc.ca.

Install or repair handrails along the walkway, ramp and steps.

Provide non-slip finish on walking surfaces.

Add a vertical wheelchair lift or other type of stair climbing device that can be used outdoors.

Ensure that all surfaces are solid, firm and clear of ice.

Consider using contrasting colours, textures or landscaping to better define the pathway.

Other (describe).

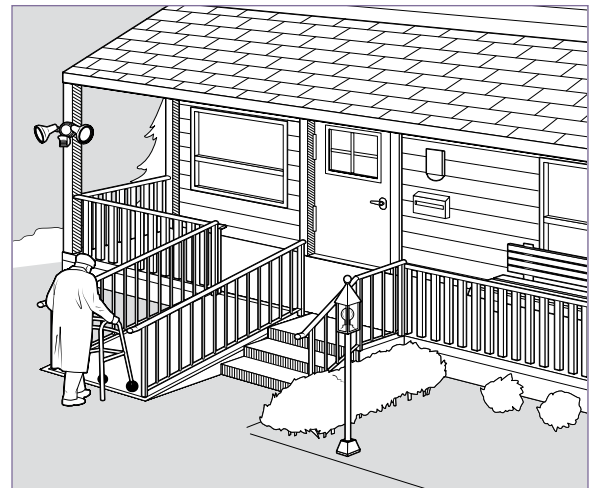


Figure 1: A ramp or a sloped walkway next to existing steps allows someone who uses a walker or a wheelchair to bypass steps. Handrails further guide and provide support for people with low vision or reduced balance or mobility.

1.2 Do you have any difficulty due to poor lighting along the walkway leading to your home?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Install light fixtures or floodlights to illuminate entrances, steps and walkways without shadows.

Install easily accessible light switches in more than one location or lights on motion detectors for automatic lighting.

Use solar lights along walkways.

Use large, easy-to-see house numbers.

Other (describe).

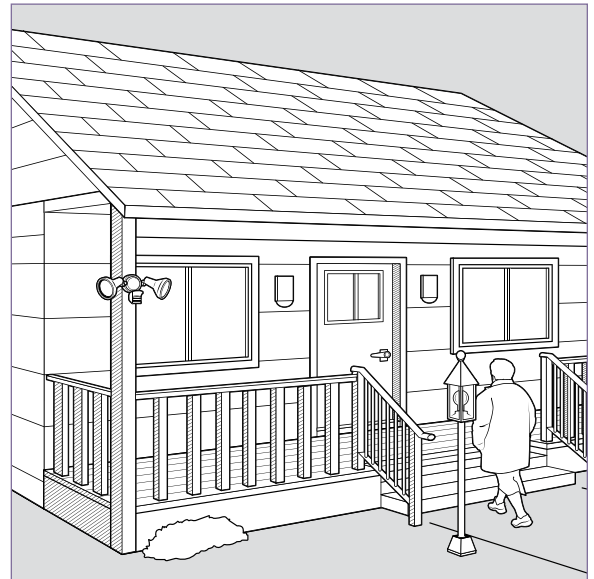


Figure 2: Well-lit walkways, steps and entrances, as well as colour contrasts, help people with low vision to detect obstacles. Ensure lighting does not cast shadows on steps.

1.3 Do you have trouble using outside doors?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Remove the screen door.

Reduce height of door threshold and adjust or replace door as necessary.

Add a handle or grab bar near the step or threshold.

Install a small ramp where there is a change in floor level at the door opening. See CMHC's Accessible Housing by Design – Ramps at www.cmhc.ca.

Install an automatic door opener.

Replace locks with ones that are easier to use.

Install lever-type door handles or install doorknob adaptors that simulate lever-type door handles (see figure 8 on page 6).

Install small shelves inside and outside entrances at elbow height to hold parcels while opening doors.

Use colour contrast on door, door frame, handle or doorbell.

Lower the mailbox or install a mail slot into the door with a basket inside.

Add a bench beside the door.

Install a peephole for security.

Other (describe).



Figure 3: Low thresholds, small ramps or extra steps with a handrails or grab bar can be used at changes in floor levels in door openings.

SECTION 2: Using the stairs

2.1 Do you have any difficulty using the stairs inside your home?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Improve lighting in stairs and hallways leading to staircases.

Install two-way light switches at the top and bottom of stairs. This can be done using toggle light switches that light up in the dark, making them easy to find.

Install or repair handrails. Rounded handrails are easier to use and grasp.

Install a chair lift. See CMHC's Accessible Housing by Design – Lifts and Residential Elevators at www.cmhc.ca.

Maintain a consistent handrail height above each step and above the floor.

At the top of the stairs, extend the handrail horizontally, the length of one tread, beginning directly above the last stair. At this point, extend the handrail horizontally at least 305 mm (12 in.).

At the bottom of the stairs, extend the handrail horizontally, the length of one tread, beyond the first step. At this point, extend the handrail horizontally at least 305 mm (12 in.).

Remove worn stair coverings.

If you have limited vision, mark stair nosings permanently (not with tape), if they are not distinctly visible. Note that a painted stripe can work well and also look good.

If possible, relocate the bedroom and laundry room to the main floor level, and relocate or add a toilet on the main floor or bedroom level.

Other (describe).

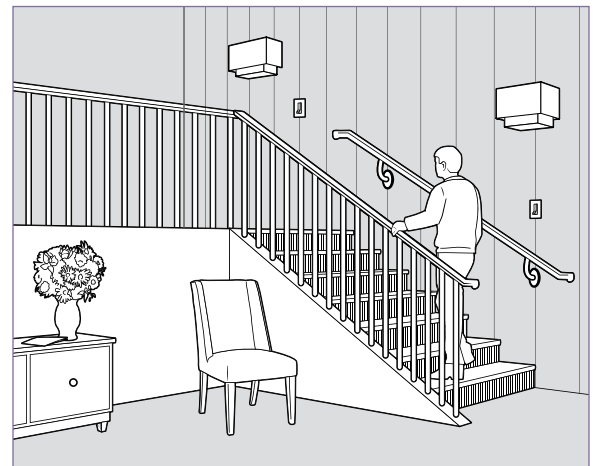


Figure 4: A well-lit staircase with solid handrails on both sides, extending beyond the top and bottom of the stairs, together with visually prominent steps, is safer and easier for people with poor balance or low vision.



Figure 5: A well-lit staircase with a chair lift can help people with mobility issues.

SECTION 3: Moving around your home

3.1 Do you have any difficulty moving from one room to another?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Reduce the height of, or eliminate, door thresholds at room entrances.

Use colour contrast or changes in floor texture wherever there is a change in floor level.

Install swing-clear hinges on doors to widen doorways.

Install handrails or grab bars where there are significant changes in floor levels.

Install handrails along corridor walls.

Place seating along long corridors.

Reduce clutter.

Arrange furniture to create direct paths between areas and rooms.

Put lights on timers.

Remove mats wherever possible to eliminate the risk of tripping.

Other (describe).



Figure 6: Strong colour contrast strips or changes in floor texture can help people with low vision detect possible obstacles when moving between rooms.



Figure 7: Handrails along corridors help people with poor balance or mobility. Seating in a corridor gives people a place to rest.

3.2 Do you have any difficulty with doors?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Repair the door frame or door hinges.

Reverse the direction of the door swing.

Consider removing doors that are not often used.

Replace doorknobs with lever-type door handles (see figure 8) or install doorknob adapters that simulate lever-type door handles.

Install sliding or accordion doors for closets and the pantry.

Install D-type handles or loop handles on sliding or accordion doors (see figure 9).

Other (describe).

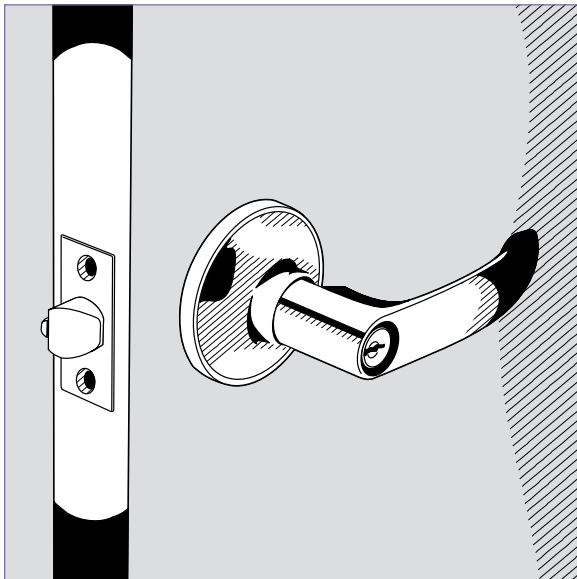


Figure 8: A lever handle is easier to operate for a person with a poor grip. A single-action deadbolt lock is secure and requires the use of only one hand.



Figure 9: A large D-shaped handle can be pulled by people with decreased movement and strength in their hands.

SECTION 4: Using the kitchen

4.1 Do you have any difficulty working at the sink or using the faucets?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Adjust the sink to a convenient height. If you like to work at the sink in a chair, a convenient height would be 864 mm (34 in.).

Create knee space under the sink to enable you to work from a chair (insulate any hot water pipes). See CMHC's Accessible Housing by Design – Kitchens at www.cmhc.ca.

Install lever-type faucets or a faucet with a single lever to control the flow and temperature. Touch faucets are also easier to use.

Other (describe).

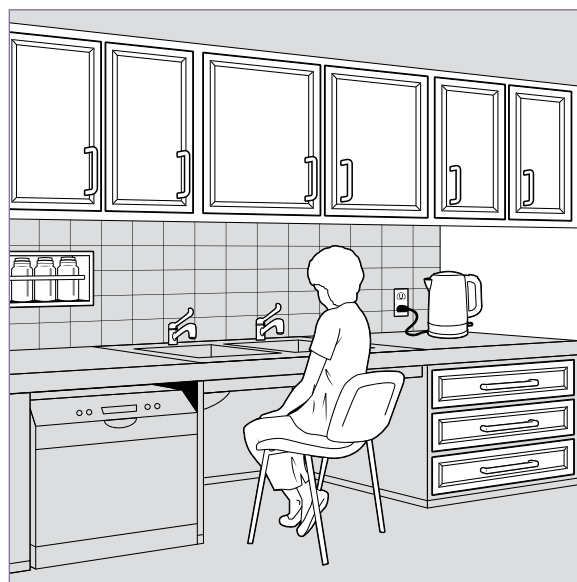


Figure 10: If you usually stand while using the sink, the sink should be at a height requiring minimal bending. If you wish to sit while using the sink, there should be knee space and the sink and faucets should be positioned to require minimal stretching.

4.2 Do you have any difficulty working at the counter?

NO If no, go to the next question. >>

>> **YES** If yes, check off the adaptations below that would help you.

Create counters with various heights so that you may work either seated or standing.

Install additional counter or storage space.

Install pullout shelves under the counter to enable you to work from a seated position.

Remove a cupboard, including base cabinetry—exposing flooring, to create knee space under the counter for working in a seated position.

Install task lighting under upper cabinets to brighten countertop working areas.

Other (describe).

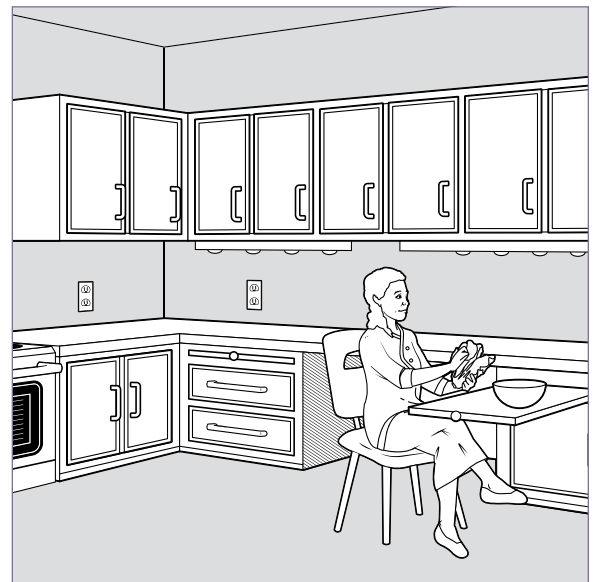


Figure 11: Pullout shelves enable you to carry out food preparation in a seated position. U-shaped or L-shaped counters minimize walking distances between tasks.

4.3 Do you have any difficulty reaching or using cupboards or storage space?

NO If no, go to the next question. >>

>> **YES** If yes, check off the adaptations below that would help you.

Lower existing cupboards.

Lower the shelves in cupboards.

Place the most used items on lower shelves in cupboards.

Install pivoting or revolving shelves in corner cupboards.

Add cupboards or shelves at convenient heights.

Add a vertical cupboard or pantry.

Add pullout storage units under the counter and/or in the pantry.

Install D-type handles on cupboards and drawers.

Safely organize and store sharp knives in a wooden block.

Other (describe).

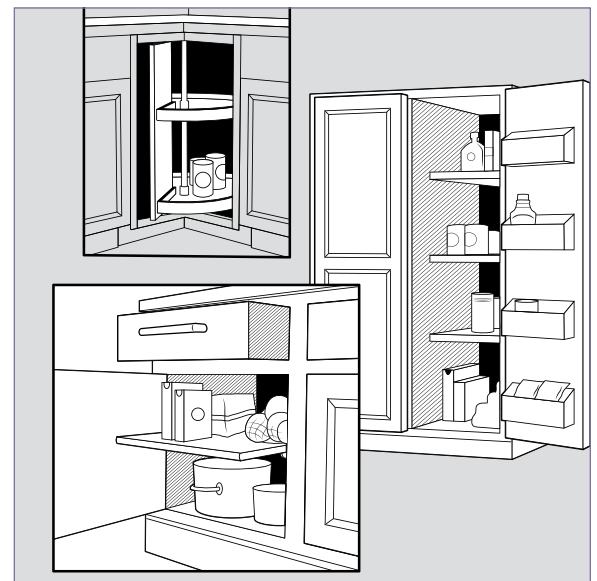


Figure 12: Pivoting or revolving shelves in corners, pullout storage units and large vertical cabinets make storage more accessible.

4.4 Do you have any difficulty using appliances?

NO If no, go to the next question. >>

>> **YES** If yes, check off the adaptations below that would help you.

Install additional shelves or countertop to accommodate small appliances.

Provide electrical outlets or power bars for small appliances in more convenient locations.

Provide a heatproof, pullout shelf beside the oven, ensuring it is strong enough to hold heavy pots and pans.

Install a heatproof surface on the counter next to the range or stove.

Consider installing a faucet above the stove or cooktop to fill pots.

Install smoke and heat detectors outside, but close to the kitchen.

Install a fire extinguisher near the kitchen exit.

Other (describe).



Figure 13: Install electrical outlets so that small kitchen appliances can be used in convenient locations without being moved.

SECTION 5: Using the bathroom

5.1 Do you have any difficulty using the wash basin or the faucets?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.



Adjust the wash basin to a convenient height.

Create knee space under the basin to enable you to use it from a seated position (insulate any hot water pipes). See CMHC's Accessible Housing by Design – Bathrooms at www.cmhc.ca.

Strengthen the basin with legs or a solid cabinet that allows for proper knee space.

Install a faucet with a single lever to control the flow and temperature.

Relocate the faucet to the front or side for easier access.

Other (describe).



Figure 14: If you tend to lean, pull or push against the basin, it may need to be supported on legs or a solid cabinet. A cabinet can be designed to allow you to use the basin from a seated position.

5.2 Do you have any difficulty using or storing personal care items near the wash basin?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.

Install additional counter space around the basin.

Install shelves beside the basin for storage.

Install a grab bar within easy reach.

Install or reposition a mirror (tilting, if necessary) at a convenient height (see figure 15).

Install additional light fixtures near the mirror or medicine cabinet.

Install an adjustable shaving mirror with a light and a magnifying side.

Other (describe).



Figure 15: The mirror should be positioned at a convenient height, and tilted if necessary, so that it can be used from a standing or a sitting position. Grab bars by the sink can provide additional stability.

5.3 Do you have any difficulty stepping into or out of the bathtub?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.

Install vertical and horizontal grab bars in locations that will best assist you in entering and exiting the tub. Ensure the grab bars are well secured.

Install non-slip flooring throughout the bathroom.

Ensure floor mats have non-slip backing.

Install a non-slip surface in the bathtub.

Install a commercial or custom-made transfer bath bench, so that the tub can be entered from a seated position.

Replace the bathtub with a shower stall or wheel-in shower, if stepping over the tub wall is too difficult or unsafe.

Install a separate shower stall or wheel-in shower, if the difficulty is severe.

Modify the tub with a custom cut-out to eliminate the need to lift legs over the side of the tub.

Install a ceiling track or other lift system for use by caregivers to transfer individuals with serious disabilities into the tub with the appropriate bath seat.

Other (describe).

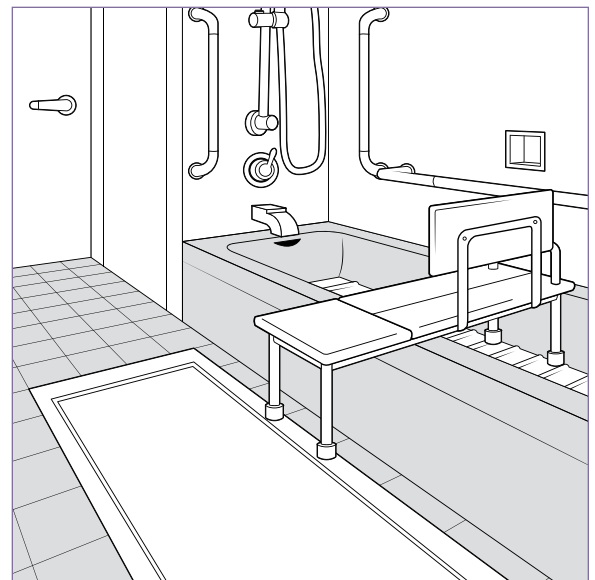


Figure 16: A vertical grab bar provides support when entering the tub, while a horizontal (or angled) bar helps you to complete the entrance and lower yourself onto a shower seat or to the bottom of the tub. Grab bars should be installed to suit the needs of each particular user.

5.4 Do you have any difficulty using tub faucets, shower controls or drain plugs?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Install lever-type faucets or a faucet with a single lever to control the flow.

Adjust the hot water heater or install a device that will prevent the water from reaching too high a temperature.

Install a drain plug device that can be operated from a convenient height.

Other (describe).



Figure 17: A mixing control with a single lever handle, for shower and bath, can be used by people who have difficulty grasping things.

5.5 Do you have any difficulty taking a bath or a shower?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.

Install a hand-held shower on an adjustable rod or high-low mounting brackets.

Install a flip-up seat in the tub or shower, and make sure the seat has legs that come down for support. The seat should be secured with proper mounting brackets in wall studs or plywood wall backing.

Install shelves within reach, for personal care items.

Install grab bars in more than one location within reach (see figure 16 on page 13).

Install a waterproof light fixture over the tub or in the shower stall.

Install shampoo and conditioner dispensers.

Other (describe).

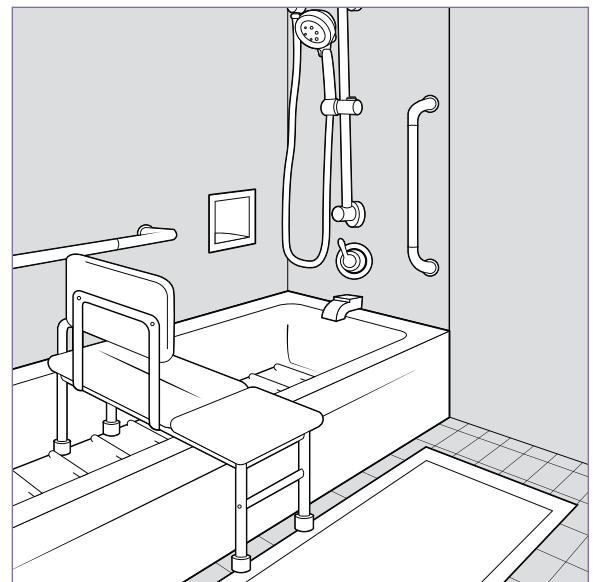


Figure 18: A hand-held shower, mounted on a vertical rod or on a low bracket, makes washing and rinsing easier when you use a seat.

5.6 Do you have any difficulty using the toilet?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.

Raise the toilet seat to a convenient height by using a portable extension or setting the toilet on a pedestal.

Install fold-down grab bars.

Install fixed grab bars on the walls surrounding the toilet.

Adapt the flush handle or install an activating sensor.

Adapt or relocate the toilet paper dispenser.

Provide a commode on levels of the home where it is not possible to install a bathroom.

Other (describe).

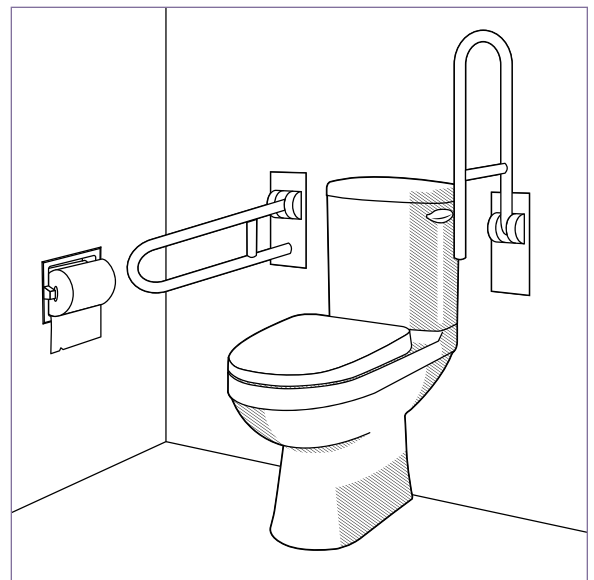


Figure 19: Grab bars can be attached to structural supports in a wall or directly to the toilet.

SECTION 6: Getting out of a bed or chair

6.1 Do you have any difficulty getting into and out of a bed, chair or sofa?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.

Install a trapeze over the bed. Portable trapeze on floor mounts are also available. See CMHC's Accessible Housing by Design – Residential Hoists and Ceiling Lifts at www.cmhc.ca.

Install grab bars in convenient locations.

Install a floor-to-ceiling pole to assist you in getting into and out of bed or use a lift chair.

Raise chairs and sofa with furniture risers.

Ensure the cushions are firm to avoid “sinking” into the furniture.

Install bed rails to prevent falls out of beds.

Other (describe).

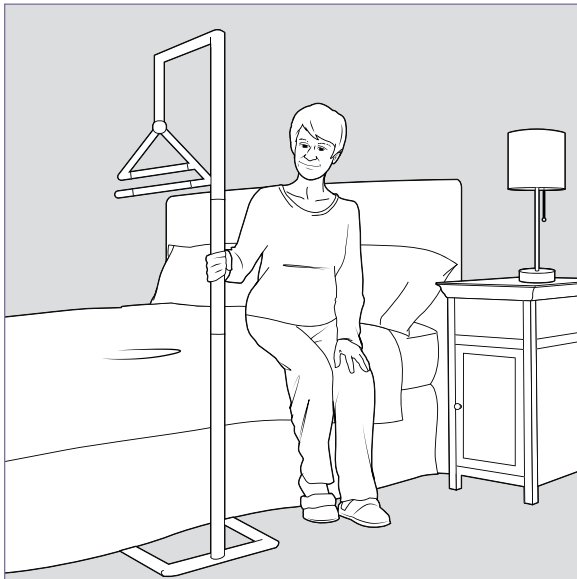


Figure 20: Trouble getting out of bed.

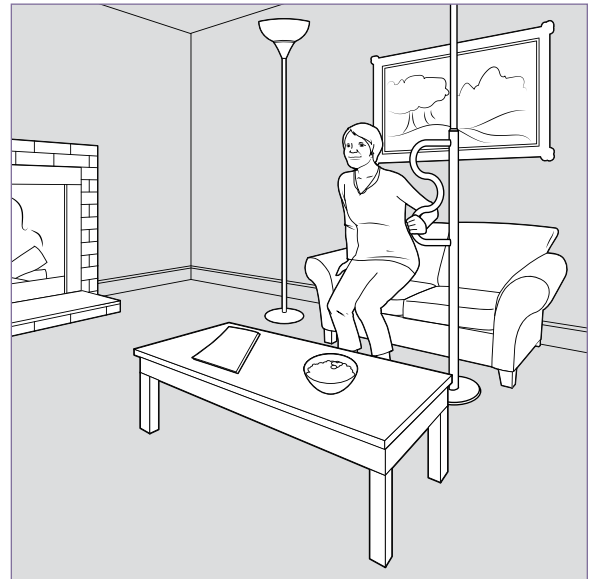


Figure 21: Trouble getting up from a sofa.

SECTION 7: Using closets and storage areas

7.1 Do you have any difficulty reaching clothes, coats, shoes or other items in closets?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.



Install sliding or accordion doors.

Install swing-clear hinges in order to widen the closet opening.

Install lights in closets.

Add or lower rods.

Add or lower shelves.

Add off-floor shelves in closets or at entrances for shoes and boots.

Install hooks or drawers in closets.

Build an easy-to-access storage closet for household tools and appliances (vacuum cleaner, ironing board, brushes, etc.).

Other (describe).

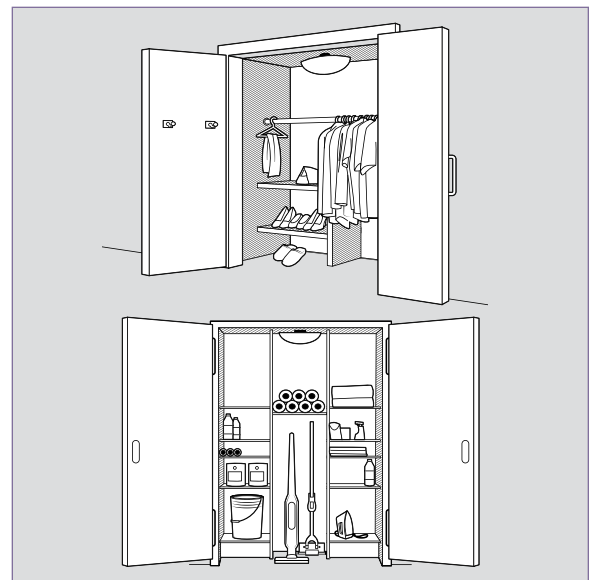


Figure 22: Reachable shelves and rods in clothes closets and a well-designed utility closet for household tools and appliances help people who cannot reach very high or who have difficulty bending.

SECTION 8: Doing laundry

8.1 Do you have any difficulty doing the laundry?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.

Relocate appliances to a more convenient place or floor level (main floor).

Install machines with clear, easy-to-read controls and loud cycle alarms. Stackable machines are much smaller and easier to reach.

Replace top-loading appliances with front-loading ones, and use the pedestals that are sold with these appliances to raise them off the floor.

Provide shelves or storage near appliances for washing supplies.

Use a clearly marked detergent.

Build a counter or large shelf near appliances for sorting and folding clothes.

Adjust the clothesline to a convenient height.

Install a conveniently located clothesline or rack.

Purchase a wheeled laundry basket.

Other (describe).

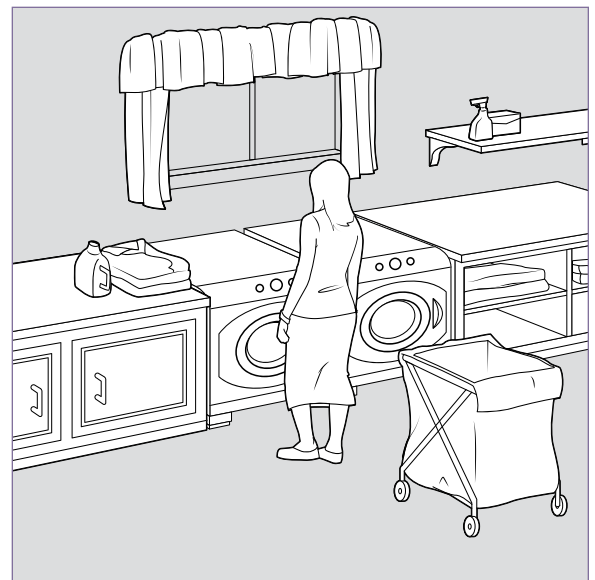


Figure 23: A countertop near the washer and dryer cuts down the number of times you have to move your laundry. A dryer could be useful for people who have difficulty using a clothesline.

SECTION 9: Using the telephone and answering the door

9.1 Do you have any difficulty getting to the telephone on time?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.

Install phone jacks in convenient locations (near bed, sofa) and at a convenient height.

Purchase a portable phone with multiple handsets that can be placed in several locations in the home.

Set your phone so that there are several rings before the call goes to voicemail.

Install voice-controlled devices to control air conditioning, heating systems, telephones, appliances and other devices from a central programmable command centre. See CMHC's Accessible Housing by Design – Home Automation at www.cmhc.ca.

Other (describe).



Figure 24: Installing phone jacks in several locations or using a portable phone can be helpful to people who cannot move quickly.

9.2 Do you have any difficulty identifying visitors or hearing the doorbell?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.

Install a peephole or view panel at a convenient height.

Install an easy-to-use intercom in a convenient location.

Install a flashing light or other sensory cue to indicate when the doorbell rings (see figure 25).

Install a motion detection light to adequately illuminate the area outside the door.

Other (describe).

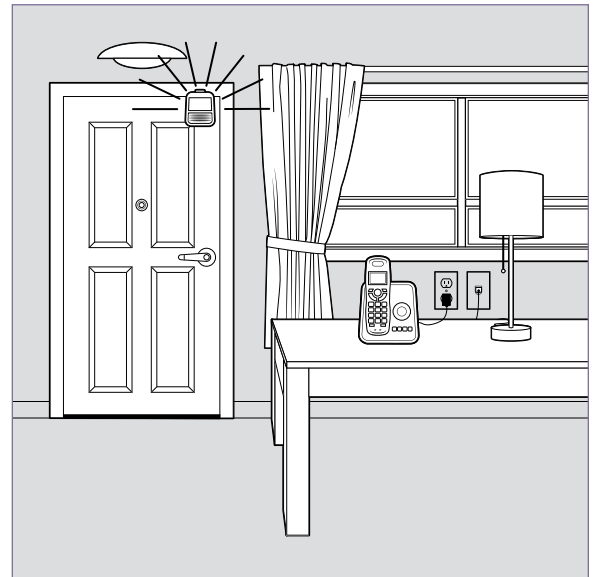


Figure 25: Devices such as a flashing light or sound amplifier to supplement the doorbell may help people with poor hearing or low vision.

9.3 Do you have any difficulty reaching and emptying the mailbox?

NO If no, go to the next question. >>

YES If yes, check off the adaptations below that would help you.



Install the mailbox at a convenient height.

Install a mail slot with a box or basket on the inside.

If your mail is delivered to a community mailbox, contact Canada Post and request a box that is within reach.

Install a shelf near the mailbox to hold parcels.

Other (describe).

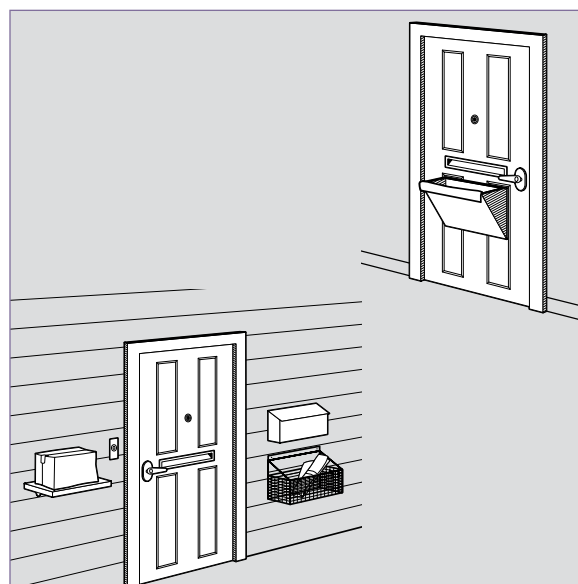


Figure 26: A box or basket under a mail slot and a hanging bag on the outside for newspapers will reduce the need to bend down.

SECTION 10: Controlling light and ventilation

10.1 Do you have any difficulty due to poor lighting in areas of the home not mentioned previously?

NO If no, go to the next question. >>>

YES If yes, check off the adaptations below that would help you.



Install light fixtures or electrical outlets for lamps where needed, for example, in hallways, in working areas, in the pantry and near reading or activity areas (sofa, bed).

Use colour-contrast or glow-in-the-dark light switches that can be easily seen in different light conditions.

Install light switches at convenient locations, for example, at room entrances, near bed and sofa, at both ends of corridors and at the top and bottom of staircases.

Use toggle-type light switches that also light up in the dark so that they are easy to find.

Install motion sensor-type lighting so that lights turn on automatically when entering a room.

Install an electronic thermostat that will heat and cool the home automatically based on your preferences.

Use cords with in-line toggle switches to make lights easier to turn on and off.

Put some lights on timers to prevent dark areas.

Other (describe).

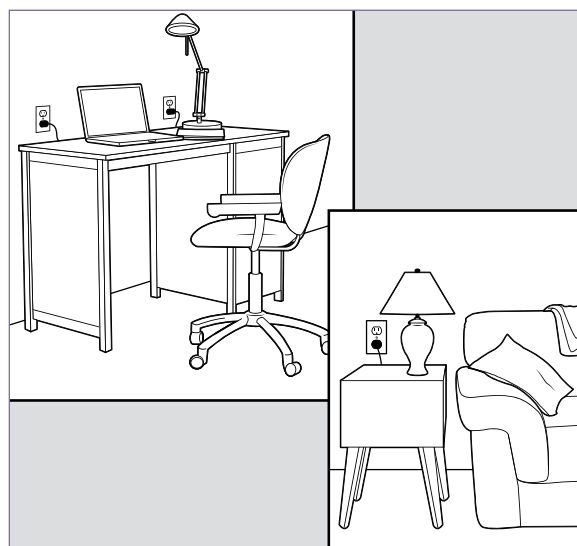


Figure 27: Additional electrical outlets can be conveniently located near reading and activity areas so that table lamps and appliances can be used without the need for long extension cords. The outlets should be positioned at a height that minimizes the need for bending.

10.2 Do you have any difficulty with windows or sliding patio doors?

NO If no, go to the next question. >>>

>>> **YES** If yes, check off the adaptations below that would help you.

Install easy-to-grasp handles.

Install secure and easy-to-operate locks.

Repair windows and sliding doors so that they open and close easily.

If possible, replace existing doors with French doors.

Install security grilles on windows that are vulnerable to forced entry.

Install locking bars on windows or sliding doors that are vulnerable to forced entry.

Install small ramps to make entering and exiting easier and safer.

Use window coverings that will allow light in but not cast complicated patterns or shadows.

Other (describe).



Figure 28: Large D-type handles and extension arms on locks are easier to grip for people with decreased strength and movement in their hands. A locking bar placed between the frame and edge of a sliding door is effective in preventing forced entry.



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